

tips & tools

MSA06

MEAT STANDARDS AUSTRALIA

### **Ossification and beef eating quality**

#### What is ossification?

Ossification is a measure of physiological maturity of the beef carcase. As an animal matures, cartilage present around bones gradually fills with blood and develops into bone. Although this development occurs in association with the animal's chronological age, it is affected by nutrition and development. Ossification is measured visually in the chiller by the MSA accredited grader.



In a young animal these bones (vertebrae) are separate.



As the animal matures these 'caps' begin to appear... and the individual bones begin to fuse together.

The scale of ossification runs from 100–590 in 10 point increments and follows the scale developed by the United States Department of Agriculture grading service.

The three areas of the backbone examined to determine ossification are the sacral, lumbar and thoracic vertebrae. The sacral vertebrae are the last five vertebrae on the tail end of an AUS-MEAT standard carcase. The lumbar vertebrae are the six vertebrae in the loin region of the carcase. The thoracic vertebrae are the 13 vertebrae to which the ribs are attached. Ossification begins in the sacral region (shown in the above pictures) and continues through the lumbar and then thoracic regions.

#### **Key points**

- Eating quality declines as ossification increases.
- Ossification increases as the animal ages but can also increase with nutritional or health stress.
- Producers can manage their animals to prevent accelerated ossification.
- MSA grading evaluates ossification in relation to carcase weight.

The following table shows the descriptions for the three vertebrae regions at selected ossification scores. It is important to note that the approximate age in months is only a guide in an optimum-condition carcase.

MSA score	Approx age in months	Sacral vertebrae Lumbar vertet		Thoracic vertebrae
100	9	No ossification No ossification		No ossification
110	10	Capping starts No ossification		No ossification
130	15	Advancing capping; separation still visible	No ossification	No ossification
150	20	Capping completed but some cartilage still visible	No or minor ossification	No ossification
170	24	Capping completed; sacral closing	Ossification clearly evident	No ossification
200	30	Completely fused	Nearly completely ossified	Some evidence of ossification
300	42	Completely fused	Completely ossified	Partially ossified
400	72	Completely fused	Completely ossified	Outlines plainly visible
500	96	Completely fused	Completely ossified	Outlines barely visible



## Why does maturity need to be determined?

Beef is made up of muscle fibre groups surrounded and supported by connective tissue. Connective tissue is made up of elastin and collagen fibres. Collagen fibres form crosslinks to stabilise and strengthen muscles. As the animal matures, the fibres in the meat become progressively stronger and more rigid and are less likely to break down during cooking. This results in tougher meat. This process of physiological maturation is not always reflected by chronological age.

Ossification measures the physiological age of the carcase and gives an indication of collagen fibre development.

The effect that physiological maturity has on eating quality is shown in the table below:

o	Eye rump side		Eye of knuckle	
score	Score	Grade	Score	Grade
100	60	3	52	3
150	53	3	47	3
190	51	3	45	Ungrade

The above data is taken from a standard MSA carcase with the following specifications: HSCW 240kg, male, 75mm hump, AT (achilles tendon) hang, MSA marbling 270, rib fat 7mm, pH 5.55, loin temp 7.0°C, ageing 5 days, cooking method grill, non HGP-treated.

#### **Ossification and growth rate**

MSA grading relates carcase weight to ossification, effectively a weight for age measure. Cuts from carcases with lower ossification at the same weight are graded higher. Faster growth rates produce higher carcase weights without a significant increase in ossification levels.

#### Why not use dentition to measure age?

Actual age is not predicted accurately by either ossification or dentition. Tooth eruption is often delayed in cattle under nutritional stress which can lead to lower dentition scores in poorer quality carcases. In contrast ossification is accelerated by nutritional or other stress reflecting the associated lower eating quality.

Further advantages are that ossification can be assessed in the chiller during grading and described in 10 point increments from 100–590, a much finer option than the 0, 2, 4, 6 or 8 permanent incisor, dentition options.

#### What factors can influence ossification?

Ossification rates will vary slightly between animals, but all cattle can be managed to minimise the rate of increase. Nutrition plays a significant role. Cattle that are fed a poor diet are likely to have increased levels of ossification. Ossification development cannot be reversed so if cattle suffer early nutritional setbacks and then have access to good feed they are still likely to show increased ossification, compared to animals of a similar age that had a steady growth rate. This is particularly evident in cattle that have come off scrub or low nutrition country into a feedlot. The carcase weight will improve considerably and the rate of ossification may slow but the effects of the early poor nutrition cannot be reversed.

Heifer carcases often have higher ossification scores than steers. This may partially reflect earlier sexual maturity and associated stresses. It often reflects management differences with steers being fed for maximum growth and early sale versus heifers being grown for joining weight targets. The heifers which fail to get in calf, or lose their first calf, are often sold as meat with much higher ossification scores than their more favourably treated steer counterparts.

Health may also affect ossification with chronically sick or injured animals showing higher rates. These animals will also have a restricted nutritional intake associated with their illness.

# What can be done to keep ossification scores low?

Low ossification scores mean better eating quality and better compliance in cattle presented for grading. Cattle with fast growth rates will reach slaughter weight at a younger age and reduced ossification. Ensuring cattle have ample energy and protein for every stage of growth will assist ossification management.

Heifers selected as culls should be managed the same as steers going to the meat trade however it may be necessary to turn the heifers off early to avoid over fat carcases.

Sick injured animals should be isolated from the consignment and treated or sent separately as a suspect animal.

#### For more information

Visit www.mla.com.au/msa or contact MSA 1800 111 672.



Level 1, 40 Mount Street North Sydney NSW 2059 Ph: +61 2 9463 9333 Fax: +61 2 9463 9393 www.mla.com.au

Released: September 2018 ISBN: 174036 391 4 © Meat & Livestock Australia ABN 39 081 678 364

MLA makes no representation as to the accuracy of any information or advice contained in this document and excludes all liability, whether in contract, tort (including negligence or breach of statutory duty) or otherwise as a result of reliance by any person on such information or advice.